5@5 - Chef Ken Oringer

5@5 is a daily, food-related list from chefs, writers, political pundits, musicians, actors, and all manner of opinionated people from around the globe.

Boston-based Ken Oringer is chef and owner of **Clio**, Uni sashimi bar, **Toro, La Verdad, KO Prime** and **Coppa.** Among his laundry list of accolades, Oringer was named "Best Chef Northeast" by the **James Beard Foundation**; defeated Cat Cora on Food Network's "**Iron Chef America**"; and has received praise over the years from 'Gourmet' (Editors' note: RIP), 'Food & Wine,' the **Boston Globe**, the New York Times and more.

Taking into account the "**could you eat bugs?**” debate and lunchtime poll on testing **food boundaries**, it only seems fitting to keep up the whole eating-weird-things theme.

**Creepy**, crawly and crunchy. Bon appétit?

5 Most Unusual Things I’ve Ever Eaten: Ken Oringer

1. **Sea slug**
   "I had this in Japan and they served it to me **sashimi** style. It tastes more of the ocean than sea water, kind of like really concentrated ocean."

2. **Cod sperm**
   "I had this both in Japan and Los Angeles and it tasted like a toasted marshmallow – unlike anything you would think. It was served straight-up with just a little bit of **dashi**."

3. **Bee nest**
   "This was the worst thing I have ever put in my mouth, by far. I had it in a restaurant in Chiang Mai, Thailand and it was crunchy and still had dead bees in the nest."

4. **Bat**
   "The second worst thing I've ever eaten in my life, especially the bat liver. I had it in the Seychelles and it tasted like a game-y, fruity rabbit. It was very bony - as you would expect with wings like that."

5. **Ant larvae**
   "This wasn’t bad. In Mexico City, they served me an ant larvae taco covered with salsa and guacamole."