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5@5 - Chef Ken Oringer

5@5 is a daily, food-related list from chefs, writers, political pundits, musicians, actors, and all manner of opinionated people from around the globe.

Boston-based Ken Oringer is chef and owner of **Clio**, Uni sashimi bar, **Toro**, **La Verdad**, **KO Prime** and **Coppa**. Among his laundry list of accolades, Oringer was named "Best Chef Northeast" by the **James Beard Foundation**; defeated Cat Cora on Food Network's "**Iron Chef America**"; and has received praise over the years from 'Gourmet' (*Editors' note: RIP*), 'Food & Wine,' the **Boston Globe**, the New York Times and more.

Taking into account the "**could you eat bugs?**" debate and lunchtime poll on testing **food boundaries**, it only seems fitting to keep up the whole eating-weird-things theme.

Creepy, crawly and crunchy. Bon appétit?

5 Most Unusual Things I've Ever Eaten: Ken Oringer

1. *Sea slug*

"I had this in Japan and they served it to me **sashimi** style. It tastes more of the ocean than sea water, kind of like really concentrated ocean."

2. *Cod sperm*

"I had this both in Japan and Los Angeles and it tasted like a toasted marshmallow – unlike anything you would think. It was served straight-up with just a little bit of **dashi**."

3. *Bee nest*

"This was worst thing I have ever put in my mouth, by far. I had it in a restaurant in Chiang Mai, Thailand and it was crunchy and still had dead bees in the nest."

4. *Bat*

"The second worst thing I've ever eaten in my life, especially the bat liver. I had it in the Seychelles and it tasted like a game-y, fruity rabbit. It was very bony - as you would expect with wings like that."

5. *Ant larvae*

"This wasn't bad. In Mexico City, they served me an ant larvae taco covered with salsa and guacamole."